

**16**

As seen on TV everywhere!

**MINE TOURS, VIA FERRATA, SHOPPING**

**It's all on honister.com**

**MARYPORT MARITIME MUSEUM**

The museum houses objects, models and pictures which illustrate the fascinating maritime, social and industrial history of Maryport.

**Come and experience our town's rich heritage, including its links with the Titanic.**

1 Senhouse St. Maryport Cumbria CA15 6AB  
Telephone: 01900 813738 Email: maritime.maryport@gmail.com  
www.maryportmaritimemuseum.btcuk.co.uk

**WIN**

**a 2 night stay in Winder Hall**

Five star, award winning "hidden gem" Winder Hall Country House offers a beautiful haven from the hustle and bustle of daily life. Ideally located close to Cockermouth and the adventure capital Keswick, there is something for everyone in this area of the Lake District. Take a dip in the hot tub and sauna overlooking the fells, or build up an appetite with a walk before enjoying complimentary tea and homemade cakes on the terrace or in the lounge. Why not round off your day by reserving dinner in our oak-panelled restaurant, before enjoying the tranquility of one of our seven elegant bedrooms?

For more details on how to enter, please visit [www.western-lakedistrict.co.uk/prize](http://www.western-lakedistrict.co.uk/prize)

**14**

**KESWICK LAUNCH ON DERWENTWATER**

*Enjoy a cruise on Derwentwater*

**Timetable March 24th - Nov 11th 2012**

**Clockwise round the lake**

Keswick	Ashness Gate	Lodore	High B/how	Low B/how	Hawes End	Nichol End	Keswick
10.00	10.10	10.20	10.30	10.35	10.40	10.45	10.50
11.00	11.10	11.20	11.30	11.35	11.40	11.45	11.50
12.00	12.10	12.20	12.30	12.35	12.40	12.45	12.50
1.00	1.10	1.20	1.30	1.35	1.40	1.45	1.50
2.00	2.10	2.20	2.30	2.35	2.40	2.45	2.50
3.00	3.10	3.20	3.30	3.35	3.40	3.45	3.50
4.00B	4.10B	4.20B	4.30B	4.35B	4.40B	4.45B	4.50B
5.00A	5.10A	5.20A	5.30A	5.35A	5.40A	5.45A	5.50A

**Anti-Clockwise round the lake**

Keswick	Nichol End	Hawes End	Low B/how	High B/how	Lodore	Ashness Gate	Keswick
9.45	-	9.55	-	-	-	-	-
10.30	10.35	10.40	10.45	10.50	11.00	11.10	11.20
11.30	11.35	11.40	11.45	11.50	12.00	12.10	12.20
12.30	12.35	12.40	12.45	12.50	1.00	1.10	1.20
1.30	1.35	1.40	1.45	1.50	2.00	2.10	2.20
2.30	2.35	2.40	2.45	2.50	3.00	3.10	3.20
3.30	3.35	3.40	3.45	3.50	4.00	4.10	4.20
4.30B	4.35B	4.40B	4.45B	4.50B	5.00B	5.10B	5.20B
5.30C	5.35C	5.40C	5.45C	5.50C	6.00C	6.10C	6.20C
6.30D	-	-	-	-	-	-	7.30D
7.30D	-	-	-	-	-	-	8.30D

Telephone : 017687 72263 Web : [www.keswick-launch.co.uk](http://www.keswick-launch.co.uk)

**15**

**Eskdale Golf Course**

A jewel in the western lakes. Tree lined, secluded 18 hole golf course in the majestic Eskdale Valley. Fishing on Eskdales private salmon river also available.

Prices £25 per round  
Please phone 01229 717680 for promotions and offers.  
Discounts available for larger parties.

**9**

Buy Tickets Online & Save 15% FREE PARKING

Fully open daily from 25th March - 4th November

**THE AWARD WINNING MUNCASTER experience 2012**

Historic Haunted Castle  
Himalayan Gardens  
World Owl Centre  
Meadow Vole Maze & Playgrounds  
Cafe & Gift Shop  
Come & Stay

How to find us - SAT NAV CA18 1RD MUNCASTER.CO.UK  
Situating on the Western Lake District coast, on the A595

**10**

**FELLSMAN**

AS FEATURED ON ITV'S 'THE DALES'

**TAKE A STEAM TRAIN ON THE SETTLE & CARLISLE RAILWAY**

WEDNESDAY 6 JUNE, & EVERY WEDNESDAY 4 JULY TO 29 AUGUST  
Departing from:  
LANCASTER, PRESTON, BLACKBURN, CLITHEROE, LONG PRESTON (near Settle)

Prices from only: £69. Family Tickets available  
Choose from: STANDARD, FIRST CLASS or PREMIER DINING  
**BOOK ONLINE SAVE 5%**

Enjoy a fantastic steam hauled return journey over the spectacular Settle to Carlisle Railway, including the great viaduct at Ribbleshead with time for sightseeing in Carlisle, or optional cruise on Ullswater.

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0845 310 2458/2489 [WWW.STATESMANRAIL.COM](http://WWW.STATESMANRAIL.COM)

**4**

**CUMBRIAN HEAVY HORSES**  
Clydesdale & Shire Riding Experience

Take an exhilarating ride on a well-schooled Clydesdale or Shire Horse suitable for all abilities. Farm, fell and beach rides from 1 1/2 hours to a full day.

- Visit England Award for Excellence
- Gold Award Best Tourism Experience of the Year 2011
- As seen on BBC TV's 'Countryfile' and 'Inside Out'

Contact Annie on 07769 588 565 or 01229 777 764  
annie@cumbrianheavyhorses.com  
[www.cumbrianheavyhorses.com](http://www.cumbrianheavyhorses.com)

**5**

**Visiting Cumbria?**

Choose from swimming pool, fitness gym and fitness studio, exciting adventure soft play area, sports hall facilities, indoor bowling, live entertainment, film screenings and lots more!

**Whitehaven Sports Centre, Whitehaven**  
01946 695666

**Copeland Swimming Pool, Whitehaven**  
01946 696049

**Whitehaven Civic Hall, Whitehaven**  
01946 514960

**Copeland Bowls & Sports Centre, Whitehaven**  
01946 815100

Excellent Sports & Leisure For All  
NorthCountryLeisure is supported by Northumberland County Council and Copeland Borough Council. Registered Charity No. 1075009.  
[www.northcountryleisure.org.uk](http://www.northcountryleisure.org.uk)

**18**

**THE OTHER SIDE OF THE LAKES**

**Whitehaven.**  
The perfect day out.

Stroll along the harbour, uncover a wealth of maritime heritage, come along to one of the many events and festivals or simply explore the colourful streets of this Georgian seaside town and discover a wealth of independent shops.

For more information go to [western-lakedistrict.co.uk/whitehaven](http://western-lakedistrict.co.uk/whitehaven)  
or contact the Tourist Information Centre:  
01946 598914 or tic@copelandbc.gov.uk

**www.daysoutinfo.co.uk**  
**www.western-lakedistrict.co.uk**

western lakedistrict  
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**WIN**  
A wonderful break in the Western Lake District

**perfect days out**  
in the Western Lake District

**2012**

**daysoutinfo.co.uk**

1

Open 7 days • 10-6pm • Great Coffee • Fantastic Food

# Rookies

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One of the largest in Cumbria

Miller Park, Station Road, Wigton CA7 9BA Tel: 016973 49241

2

50% off our sister attraction Ullswater Steamers

## FULL STEAM AHEAD FOR LAKELAND'S FINEST JOURNEY

To the foot of England's highest mountain.

Tel: 01229 71 71 71

[www.ravenglass-railway.co.uk](http://www.ravenglass-railway.co.uk)

\* Visit either of the Wakefield family attractions and purchase a full line return ticket on the Railway or a round the lake ticket at the 'Steamers' and benefit from half-price travel at the other.

3

Go Ape! TREE TOP ADVENTURE

£5 OFF USING PROMO CODE PHOENIX

## TAKE A TREE TOP ADVENTURE

A unique 3 hour adventure in the trees taking on zip wires, tanzan swings, rope ladders and a variety of high-wire crossings, all set in the UK's most beautiful forests

Go Ape! Whinlatter, nr Keswick, Cumbria

28 SITES ALL OVER THE COUNTRY

Take a look & book at [goape.co.uk](http://goape.co.uk) or call 0845 643 2018

\* Offer valid Sun to Fri at Go Ape! Whinlatter throughout 2012. Excludes Bank Holidays. Subject to availability. Minimum age 10, Minimum height 1.4m

6

## MIREHOUSE

### HISTORIC HOUSE & GARDENS

#### BY BASSENTHWAITE LAKE

- Grounds stretch from fellside to lakeshore
- Four woodland playgrounds, Bee Garden and Poetry Walk
- Family run historic house with unique literary connections and live piano music
- Owl trail, history quiz and a chance to play in a Victorian nursery
- Delicious Cumbrian cooking at The Old Sawmill Tearoom

Tel: +44 (0)17687 72287 E-mail: [info@mirehouse.com](mailto:info@mirehouse.com)  
[www.mirehouse.com](http://www.mirehouse.com)

7

## be amazed

### 5 floors of interactive history, weather, games and much more

The Beacon celebrates the history of Copeland. You'll be amazed at the area's rich past and you won't believe what a great time everyone has exploring The Beacon's five floors! There's also a gallery, gift shop and restaurant. And entry is FREE for under 16's.

**Remember - Children go FREE** (when accompanied by a paying adult)

**New Medieval Gallery opening Feb 2012**

[www.thebeacon-whitehaven.co.uk](http://www.thebeacon-whitehaven.co.uk)

West Strand, Whitehaven, Cumbria CA28 7JY  
T: 01946 592 302  
E: [thebeacon@copelandnbc.gov.uk](mailto:thebeacon@copelandnbc.gov.uk)

**beacon**

8

## the rum story

### THE DARK SPIRIT of WHITEHAVEN

- Bringing to life the slave trade, prohibition, rum in the British Navy and lots more.
- Experience life in an African village and the sights, sounds and smells on board a slave ship.
- Our courtyard cafe sells delicious home cooked food.
- Peruse for an unusual gift in our well stocked shop.

**Contact:** 27 Lowther St, Whitehaven, Cumbria CA28 7DN  
Tel: 01946 592933  
[www.rumstory.co.uk](http://www.rumstory.co.uk)

**Opening Times:** Open all year 10am - 4.30pm  
Closed Christmas Day / Boxing Day / New Years Day

11

## The Gincase

### Something for everyone

Something for everyone. Children's farm park. Animal paddocks full of friendly farm animals. Some rare breed. Lamb and goat feeding - seasonal. Outdoor rabbit & guinea pigs, catch your own. New indoor play barn and play area. Go-kart track and ride-on toys. Local craft barn and gift shop. Popular tearoom serving delicious home made food.

**Open:** Everyday 10.30 - 4.30, except Mondays. Open Bank Holidays.  
**Directions:** On the B5300 4 miles south of Silloth, turn for Newtown and follow the browns signs. [www.gincase.co.uk](http://www.gincase.co.uk)

Mawbray Hayrigg, Silloth, Cumbria CA7 4LL Tel: 016973 32020 Email: [val@gincase.co.uk](mailto:val@gincase.co.uk)

12

## SENHOUSE ROMAN MUSEUM

The western end of Hadrian's Wall World Heritage Site

Overlooking the coastal town of Maryport and the Solway Firth, the Museum houses an internationally significant collection of objects recovered from the adjacent Roman fort and civilian settlement. Visitors can discover what life and was like for the soldiers and their families on the Solway Coast Frontier of Hadrian's Wall.

Offering something for anyone interesting in the history and archaeology of Roman West Cumbria, the Museum has a year-long events programme including a Summer Roman Festival.

[www.senhousemuseum.co.uk](http://www.senhousemuseum.co.uk)  
Tel: 01900 816168

See our website for opening times, admission charges and events

**Senhouse Roman Museum** The Battery, Sea Brows, Maryport, Cumbria CA15 6JD  
Email: [senhousemuseum@aol.com](mailto:senhousemuseum@aol.com)

13

## The Lake District COAST AQUARIUM MARYPORT

### 10% OFF

(aquarium admission prices only)

Visit our website to see all there is to do!

**The Lake District Coast Aquarium, Maryport**  
01900 817760  
[www.coastaquarium.co.uk](http://www.coastaquarium.co.uk)

**Offer expires December 2012**

THE OTHER SIDE OF THE LAKES

Home to England's highest mountain and deepest lake, where Wordsworth lived and Wainwright walked, a place where secluded beaches and unspoilt countryside go hand in hand with a rich Roman and maritime heritage.

Take in Britain's favourite view at Wastwater, experience the drama of the Lake District's highest waterfall or start your Coast to Coast adventure.

For outstanding natural beauty, award-winning food and drink and the warmest of welcomes, isn't it time you discovered the other side of the Lakes?

**Western Lake District**

To book your adventure in the Western Lake District, go to: [www.western-lakedistrict.co.uk](http://www.western-lakedistrict.co.uk)

For information on travelling by rail in the Western Lake District visit [www.northernrail.org](http://www.northernrail.org)

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